Dear All

For many years now, WLTSC has been the source of great pleasure and enjoyment, with many of us regarding it as our 2nd home. Now more than ever, the health and safety of everyone is our top priority and as such in response to Friday's decision by the government to close leisure facilities, the LTA have provided further advice. To that end, the following arrangements will now be put in place at WLTSC with regards to tennis, squash & gym.

We know the situation is temporary and the club will come back even stronger than before. Many thanks for your many messages of support for your club and thank you for your trust, understanding and collaboration.

New Arrangements

Please remember that there are NO HANDWASH, WATER OR TOILET FACILITIES available on site

The aim is simply to enable safe responsible exercise opportunities whilst abiding by and fully supporting the Prime Minister request that we all play our part to prevent the spread of Coronavirus and only travel when essential.

With immediate effect, the <u>Outdoor courts</u> can be used by Adult members (and Juniors aged 14+) for casual play. A maximum of 4 people per court to ensure the Social distancing protocols are maintained.

Tennis Balls: please bring your own and keep them after your game and don't leave them at the club.

Courts: all outdoor courts may be used. If possible, please play on a court away from other people (ideally leave a one court gap). The MyCourts online booking system will be used to help you book courts and negate the need for the tennis pavilion to be open. Please login as normal but instead of booking an indoor tennis court please use the squash court booking area. Squash Court 1 to 5 can be used to book Outdoor Artificial Grass courts 1 to 5 (1 is nearest to the clubhouse and 5 is farthest away). Bookings are for 45 minutes so you can book two slots if you have a match. The cost is free during the day and 50p after 4:30pm but this will be free once our MyCourts system can be amended.

Coaching: Our self-employed tennis coaches will find this time especially challenging so please help them if you can by booking a block of individual lessons with them to take at a later date. All coaching will take place on the artificial clay courts and will be booked by the coaches using MyCourts. Members can also book an artificial grass court and request a 45-minute lesson with our coaches. Coach contact details can be found on our website.

Personal Training: Our self-employed Personal Trainers will also find this a very challenging time. You can book an outdoor Personal Training session with them at the club or at your house. All equipment is cleaned and stored before and after each session and the trainers will always keep their distance.

We will be using some Facebook live streaming and our WLTSC You Tube channel to help you exercise at home and to keep us all engaged, helping us all to exercise not socialise.

Please note the following restrictions remain in place:

1. There will be no formally organised club sessions or group coaching available.

- 2. There are no toilets/clubhouse facilities open.
- 3. The Indoor tennis courts, squash courts and gym/studio are closed.
- 4. All squash and indoor tennis bookings will be refunded from when the club closed.

Please at all times follow the published advice to stay safe and try to prevent the spread of the virus.

- Wash hands thoroughly before and after
- Use alcohol-based sanitisers following each session
- Avoid touching your face during play
- Cleaning the tennis balls before/after play is not practical; however, balls exposed to sunlight for 30 mins will destroy the virus
- Disinfect racket handles after play
- Think of innovative ways of acknowledging victory/defeat at the end of a match that doesn't involve shaking hands, kissing or hugging. Perhaps a racket bump!

This list is not exhaustive however will support our health.