

Squash & Racketball Player Guidance at WLTSC

Updated on 17th July 2020 - Members must make themselves familiar with the guidance documents and comply with the club's guidance below at all times. Failure to comply will trigger the disciplinary process.

Reference Documents

<https://www.englandsquash.com/news/england-squash-coronavirus-statement>

<https://www.gov.uk/government/publications/staying-alert-and-safe-social-distancing/staying-alert-and-safe-social-distancing>

Any amendments will be indicated with **[NEW]** and **[UPDATED]**

BEFORE PLAYING

- Do not leave your home to play squash & racketball if Government advice means that you should stay at home
- Players from the same household or support bubble can play 'normal' squash as they would have previous to COVID-19.
- Court bookings must be made via the MyCourts booking system and all names of players recorded.
- Sessions booked in advance are limited to a maximum of 3 between 5pm and 8pm in any seven-day period.
- For the initial two weeks from 25th July every other booking time has been blocked at peak times.
- Players should arrive ready changed to play
- All players should ensure that their playing equipment has been cleaned
- All players should ensure that they wash their hands before leaving home
- All players should use the court side hand sanitizer gel or hand washing facilities provided both before and after playing.
- Take your kit bag and belongings on court.
- All players should bring their own drinks bottle as no paper cups are available.

ON ARRIVAL AT THE CLUB

- Aim to arrive at the Club 5 minutes before your start time
- Avoid congregating in groups of more than 6, observe social distancing at all times.
- Where possible, you will be met by a Team Member who will guide you through the Rules and brief you on aspects of health and safety whilst playing. If not available please make sure you view the play safely videos on our You Tube channel and Facebook group.
- Avoid touching communal surfaces such as, handles, walls etc and if you do so, sanitize immediately afterwards.
- Court entrance is via the fire door and NOT the corridor.

DURING PLAY

- For those not in a household or support bubble you can do solo drills or drills with another person following social distancing or play 'Sides'. Sides is an adapted version of the game for two players from different households and is designed to comply with social distancing measures.
- If practicing drills or playing sides, players should stay on one side of the court whilst the ball is in play. However front and back drills can be played where social distancing can be maintained.
- Individual players can practice squash on their own using all of the court. Options include a range of solo practices and drills to help maintain and improve squash skills.

- Players must always be acutely aware of the social distancing rule particularly when playing or in the communal area outside the courts.
- Avoid touching walls or doors.
- Avoid touching your face (even if wearing gloves).

BALL CONTROL

1. Only one player should pick up the ball to serve unless from the same household.
2. Use your racket head or feet to return the ball to your opponent.
3. Do not pick up balls that are not yours.

AFTER PLAY

- After playing leave the court and take your belongings.
- Clean any touch points such as handles and door edges with the cleaning product available.
- Please do not attempt to clean walls with the products provided as they will damage the surface of play.
- Showers, toilets and changing rooms are open and will have a cleaning protocol to maximise safety however, it is recommended that you shower at home.
- Wash your hands on your return home and sanitize your equipment, particularly grips.

COACHING

- Contact your preferred Coach directly for available times.
- Coaches will be observing the same hygiene and distancing procedures as members
- Coaches will always pick up balls. Players should be encouraged to use their racket/feet to return balls and to avoid using hands and touching the balls.
- If coaching involves serving practice, then the player must use their own ball.
- A maximum of 2 clients plus a Coach are allowable on court but social distancing must be maintained.

DISCIPLINARY PROCEDURE

- Whilst we recognise that the majority of members will observe these rules there will be some that do not.
- Failure to comply with the Government, ES and Club guidance above will result in an initial verbal warning.
- A second non-compliance will result in suspension of booking facility for one week.
- A further non-compliance will result in suspension for one month.
- The Squash & Racketball Chairman and Sports Manager will review any further action.

EMERGENCY PROCEDURES

- **On those occasions when there is no Staff representative on site please ring the following in an Emergency**

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| ○ Facility Manager | Neil Patel | 07810 057381 |
| ○ Sports Manager | Marc Hughes | 07766220275 |