

Changing Room Guidance at WLTSC

Created on 23rd July 2020 - Members must make themselves familiar with the guidance documents and comply with the club's guidance below at all times. Failure to comply will trigger the disciplinary process.

Reference Documents

<https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities>

<https://www.gov.uk/government/publications/staying-alert-and-safe-social-distancing/staying-alert-and-safe-social-distancing>

BEFORE ARRIVING AT THE CLUB

- Do not leave your home to use the gym if Government advice means that you should stay at home
- All users should ensure that they wash their hands before leaving home
- All users should bring their own drinks bottle.
- All users visit MyCourts. To book activity sessions

ON ARRIVAL AT THE CLUB

- Wash hands in the new sinks provided or use hand sanitiser before activities
- Aim to arrive at the Club 5 minutes before your start time
- Avoid congregating in groups of more than 6, observe social distancing at all times.

AFTER ACTIVITY

- Clean any touch points with the cleaning products available.
- Showers, toilets and changing rooms are open and will have a cleaning protocol to maximise safety however, it is strongly recommended that you shower at home.
- Social distancing has been implemented within changing facilities
- Social Distancing implemented in shower areas
- Saunas have been disabled

CONDUCT

- Whilst we recognise that the majority of members will observe these rules there will be some that do not.
- Failure to comply with the Government and Club guidance above will result in an initial verbal warning.
- A second non-compliance will result in suspension of booking facility for one week.
- A further non-compliance will result in suspension for one month.
- Head of Fitness and Sports Manager is responsible for monitoring and will review any further action.

EMERGENCY PROCEDURES

- On those occasions when there is no Staff representative on site please ring the following in an Emergency

○ Facility Manager	Neil Patel	07810 057381
○ Sports Manager	Marc Hughes	07766220275