

England Squash Guidelines 30 Nov

COVID Alert Levels

Last update: 30 November

Clubs / venues should take responsibility for adhering to any local restrictions imposed by the UK Government. Below are the permitted ways to play within the COVID Alert Levels which were updated on 2 December. Please regularly check the [Government guidance](#) for the most recent updates on local restrictions.

Our guidance is still to be finalised and we are in discussion with Sport England and DCMS to confirm any final details or changes including one-to-one coaching in tier 3. We will provide any updates as soon as they are available.

| Permitted Activity | Local COVID alert level | | |
|---|-------------------------|------------|-----------------|
| | T1 Medium | T2 High | T3 Very High |
| Single player (solo) practices | Yes | Yes | Yes |
| Same household or support bubble – match play/full squash game– best of 5 | Yes | Yes | Yes |
| Players from different households (not in a squash bubble or support bubble) – modified version of squash ‘Sides’ or Socially distanced practices – best of 5 | Yes | No | No |
| Players from different households** in a squash bubble or support bubble – modified version of squash ‘Sides’ or Socially distanced practices – best of 5 | Yes | Yes | No |
| Players from different households** in a squash bubble – modified version of full-court squash, or doubles – best of 5 | Yes | No | No |
| Players from educational teams or with disabilities*(exempt from squash bubble rules) – modified version of full-court squash | Yes | Yes | Yes |
| One-to-one coaching with adults using socially distanced practices | Yes | Yes | TBC |
| Up to 6 adults** from different households – coach-led/supervised activity | Yes | No | No |
| Up to 15 children from different households (at OOSS clubs/venues) – coach-led/supervised activity. Children are classed as being 18 years and under. | Yes | Yes | Yes |