# Indoor Tennis Player Guidance at WLTSC

# Updated on 30<sup>th</sup> Nov 2020 - All members must make themselves familiar with the guidance documents and comply with the club's guidance below at all times. Failure to comply will trigger the disciplinary process.

#### **Reference Documents**

[UPDATED Tier 3] https://www.lta.org.uk/globalassets/news/2020/local-restrictions-grid---tennis-activity-bytier.pdf?category=Playing\_Tennis\_COVID19\_Guidance

#### [UPDATED] https://www.gov.uk/coronavirus

We have indicated the key additions and updates to these guidelines with [NEW] and [UPDATED]

#### **BEFORE PLAYING**

- Do not leave your home to play tennis if Government advice means that you should stay at home
- **[UPDATED Tier 3]** Play is not permitted, other than for adults from the same household / bubble, disabled people & supervised activity for U18s
- Indoor Court bookings <u>must</u> be made via the MyCourts booking system and all names of players recorded on Indoor Acrylic Courts 1, 2 and 3.
- Members can book as many indoor court sessions as required up to 14 days in advance.
- Players should arrive ready changed to play.
- Extra care is required to maintain social distancing when moving behind court 2, waiting in the foyer or in the viewing areas behind courts 1 and 3.
- All players should ensure that their playing equipment has been cleaned.
- All players should ensure that they wash their hands before leaving home.
- All players should use the hand sanitizer gel provided both before and after playing.
- All players should bring their own drinks bottle as no paper cups will be available.

## **ON ARRIVAL AT THE CLUB**

- Aim to arrive at indoor courts 5 minutes before your start time.
- On entering the indoor courts building you must wear a face covering and make your way to the zoned viewing area and wait for the previous players to vacate the court at the end of their session.
- **[UPDATED Tier 3]** Spectating is not allowed other than a Parent/guardian supervision permitted (one per player), only those watching a player on court should be in the viewing area, observe 2m distancing at all times.
- Avoid touching communal surfaces such as, doors, handles, net posts etc and if you do so, sanitize immediately afterwards.

## **DURING PLAY**

- Players must always be acutely aware of the 2m rule particularly when changing ends. And should do so at either end of the net.
- Avoid touching your face (even if wearing gloves).

## **BALL CONTROL**

1. Players do not now need to use their own clearly marked tennis balls, however if you choose to use shared balls then extra care should be taken to ensure that you do not touch your face during play.

## AFTER PLAY

- Aim to finish your play a few minutes before the end of your session and vacate the court before the next session start time.
- After playing leave the court, wear your face covering and sanitise your hands.
- Wash your hands on your return home and sanitize your equipment, particularly grips.

# COACHING [UPDATED Tier 3]

- Coaching is allowed with one household bubble indoors.
- Coaching of the Junior Indoor Tennis Programme is allowed and will commence on Wednesday 2<sup>nd</sup> December.

# DISCIPLINARY PROCEDURE

- Whilst we recognise that the majority of members will observe these rules there will be some that do not.
- Failure to comply with the Government, LTA and Club guidance above will result in an initial verbal warning.
- A second non-compliance will result in suspension of booking facility for one week.
- A further non-compliance will result in suspension for one month.
- The Tennis Chairman and Sports Manager will review any further action.

# **EMERGENCY PROCEDURES**

• On those occasions when there is no Staff representative on site please ring the following in an Emergency

0	Neil Patel	Facility Manager	07810 057381
0	Marc Hughes	Sports Manager	07766220275