

THE WLTSC UPDATE

15.02.21

Fog's Food Challenge... Part. 2

After a hugely successful first challenge with over 25 entries part 2 of the 'Fog's Food Challenge' is out. Foggy and Gilly are again looking for a highly nutritious innovative dish to be crowned and join Neil Foxhall on winners row! We have seen a few early entries so get yours posted now via our Facebook Group for a chance to win the second prize (see below)

Deadline: 28th Feb

Don't forget all the entries will be uploaded on the WLTSC Cookbook available now from our website
www.wltsc.com/the-wltsc-cook-book/

Competition Time...



Name your Men's & Women's Champ

We are into the final week of the 2021 Australian Open, the first grand slam of the year. I'm sure you'll all agree it has been fantastic to see live tennis with an actual crowd down under... with that being said we have a little competition for you...

Predict the winner and score for either the Men's & Women's final, you need to name the player and the correct score. Post this on the WLTSC Facebook Group! Or comment on the post going out. The winner will receive £20 WLTSC Merchandise Voucher to be spent in the shop when the club re opens!

#Stayinaroutine... WLTSC System Energize Online

Just a reminder for all our members that our WLTSC System Energize Facebook Group is free to all members. We now have over 230 of you accessing over 10 weekly classes with our Energize Team, a full expert timetable as well as weekly Yoga and Pilates.

It's a great productive and fun group so join us now at
<https://www.facebook.com/groups/792747081500281>



Created by Taylor Penny



Prize - Sunday Dinner for 4, full ingredients from the Halfpenny Green Vineyard.

-  @wltsc Catch up now using hashtags #fogsfoodchallenge & #squashchallenge
-  @wltsc #WLTSC2021 for website images
-  @Wolverhampton Lawn Tennis and Squash Club