

# *Wolverhampton Lawn Tennis & Squash Club*

Neville Lodge, 53 Newbridge Crescent, Tettenhall, Wolverhampton, WV6 0LH



It is with great excitement that we announce the reopening of our Gym/Pit next Monday 12<sup>th</sup> April 2021 which has been professionally redesigned with a state of the art layout including the latest Technogym strength equipment, which looks and is absolutely superb.

We have also invested in 15 new spin bikes located in the Pit to create a new dynamic and energy to the circuit class program adding:

- 10 free spin classes a week
  - Starts indoors on 17 May (timetable to be issued)
- Continuing with 12 Energize circuit classes.

The Energize team have worked tirelessly throughout the whole of Lockdown providing the membership with virtual classes, endeavouring to maintain everybody's physical and mental health with over 72000 views.

Each member of our team has also provided professional recommendations to Technogym's sales & design teams ensuring the membership returns, noticing a evolutionary design & layout.

Everybody's desire to get fitter in order to improve their health, lifestyles and racket skills is paramount as we ascend out of Lockdown.

Come and take a look, enjoy the hard work with your friends and get super involved in the extremely popular spin program which will uplift absolutely all of you.

Welcome Back,

Kind Regards

*Nigel J Mynott*

Gym Chairman

Before



After

NEW EQUIPMENT

