

# *Wolverhampton Lawn Tennis & Squash Club*



## **Squash & Racketball Internal Leagues launch**

It has been a long time but finally indoor sport is back.

With the courts being closed for so long and many members still looking to get their reintroduction to competitive sport, we will use the next two weeks to get fitness levels back up and promote a healthier, relaxed return, rather than an injury induced one from intense competition too soon.

Therefore, June 1st will see the reintroduction of our internal squash & Racketball leagues.

With the increasing popularity of squash with our junior members we would also like to see the induction of a junior squash league. If there are any junior members that would like to take part in a junior internal league against your peers don't hesitate to get in touch, the junior league will be a mixed league like our senior versions and for ages 11 to 18.

All members currently in our temporary Squash and Racketball leagues will automatically be entered into the new leagues and some positions will be adjusted accordingly to try and match levels to where they should be, if you do not wish to be re-entered please let me know ASAP.

Any members wishing to join a league please message or email me with the following details and remember you can enter both Squash and Racketball (if you are new to our leagues but have previously played any members currently playing please let me know your estimated level):-

- Name
- League (Squash, Racketball, Junior Squash)
- Send to
  - 07879472371
  - [proberts.prl@btconnect.com](mailto:proberts.prl@btconnect.com)

As with the previous leagues, the leagues will run on a 6 week basis, any player completing all of their matches will receive 3 bonus points, these points can prove vital as you can lose all your matches but still achieve promotion by getting your matches in. I would also encourage signing up to Squash Levels ([squashlevels.com](http://squashlevels.com)) a free service that is linked to many leagues and competitions around the world and tracks your ongoing progress, your end of round data can be automatically sent with the click of a button on the mycourts website beneath your league table.

See you all on court soon, welcome back

Pete  
League Coordinator