

Spin Classes Lets Get Fit!

Each spin class is full offering 14 weekly spin sessions, 45 minutes of energy, sweat and pain... but its fun right?!

Book your places via MyCourts (book in advance they are filling up fast!)

<https://wltsc.mycourts.co.uk/>

Lord Bilston Cycle

The 32 plus Team is made up of an amazing group of riders/ hikers and support crew. Each person involved has volunteered their time and efforts to this challenge and each has their own reasons and motivation for playing their part in raising £32000+ for Compton Care.

The event took place on the 24/25th July and was a great success, a massive well done to all those who took part. A fantastic achievement.



THE WLTSC UPDATE

06.09.21

Let's Reflect...

5 New spin bikes incoming!



There's a Buzz around the place!

I'm sure your all feeling the same, it's a great feeling having the clubs full facilities at each of our disposal again. It's not just a place to play tennis, squash or go to the gym, it's a place of escape and relaxation and we couldn't be happier to see all of our members walk through the doors each day.

Return of Team Tennis & Squash

Fact... Since the start of the season there has been 20000+ Matches played by 2000+ Players.

It's great to be back!

#WLTSC

New Head Of Squash & Racketball in the building...

Appointment of Mike Harris as Head of Squash and Racketball. Mike has been a qualified coach for over 33 years and a Level 4 Elite High-Performance Coach for 24 years. He is also a former England High-Performance Coach and National Coach of Finland, England Squash and European Squash Federation Coach Tutor and Assessor. Mike is keen to introduce new innovative ideas for WLTSC and Squash in the West Midlands...



@wltsc



@wltsc



@Wolverhampton Lawn Tennis and Squash Club

Created by Taylor Penny

THE WLTSC UPDATE



Team Tennis Night 25th September

After an energetic return to Team tennis we will be celebrating the successes of our **11 TEAMS** with a sit down meal, presentation and the captain speeches!

Speak to your team captains... it's definitely a night to have saved in the diary!



06.09.21

Looking Forward...

Membership cards coming soon!

Membership cards will be coming to WLTSC from the start of October 1st

First City Club Championships 2021 6th September

Competition will start on the 6th September where the final matches will be played on October 2nd! Different categories include: Mixed Singles, Mixed Doubles, and Ladies.

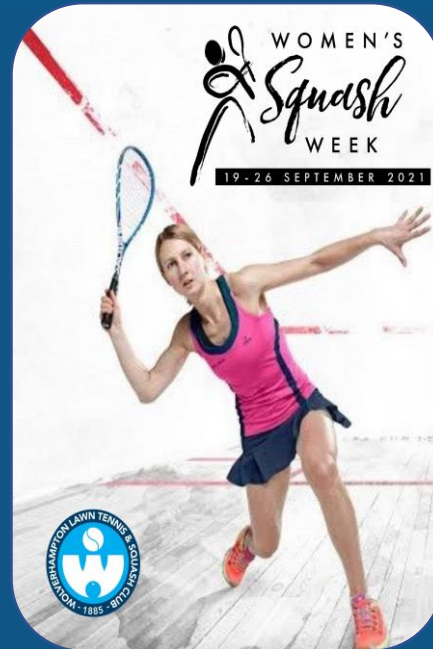
This is our highest number of entrants with an estimate of over 100 matches to be played which will provide us with some very close entertaining matches.



Women's Squash & Racketball Week 19th - 26th September

Women's week is an international campaign that aims to celebrate and raise the profile of female Squash & Racketball. We at WLTSC will be hosting female only squash events and socials so keep an eye out!

Find out more by visiting our website and Viewing the timetable. www.wltsc.com.



Welcome Back Party 11th September

'Order of the night'

- 7:30pm Arrival
- Smart Casual
- Pre arrival drinks'
- Sean Duggan' Acoustic Singer & DJ John
- Carriages at 1am

'Food offering'

- Selection of meats & Salmon
- Selection of Artisan Breads & rolls
- Minted new potatoes
- Cheesy baked Potatoes
- Homemade Coleslaw
- Mediterranean cous cous & vegetables
- Mixed Salads
- Crudites and Hummus
- Chorizo Roses
- 'Pudding Canapes'



Created by Taylor Penny