**Message of thanks from Roy Beddows who suffered a cardiac arrest on court 2 on 29th June.**

Now that I am improving in health I am writing to advise on the unbelievable support from WLTSC members following my Heart Failure during a recent Tennis game. The regular players Tony Pinson, Joe Pakium, Glyn Harvey, Ray Symons, Oliver Perrins and Sav Allenza were all very supportive of myself and my wife Vicki during my period in Intensive Care and after in New Cross Hospital and at home.

Without Marc, Foggy, Becky, Amber, Max and Paul Davies and the Paramedics I would obviously not have survived for which Vicki and I are eternally grateful.

Vicki was very stressed out with my situation and Maxine Turner (who I used to Babysit many years ago) Steve her husband and Spencer their son were immediately on the case to support Vicki. Steve made himself readily available at any time to help Vicki, and Maxine and went with Vicki to New Cross when I was in intensive care, also, Kim Gammon, who Vicki has known for many years was immediately around our house supporting Vicki. I will always be grateful for their kind and immediate support, Kim offered to put us up at her house in Abersoch to look after us! Bren Turner has been coming to our House to try and sort out my damaged right shoulder, and Reece Smith who calls me Grandad (thanks for that!) has been calling Vicki and me and texting us from Ireland regularly to track our progress, he has just had a baby boy named Lucas.

There are many members who called Vicki to cheer her up and I am unable to list them in case of missing any one out, in hospital the number of texts supporting me was amazing. It wore my finger out responding!

Overall the DNA of WLTSC came to the fore and vigorously supported two of their fellow members for which we are eternally grateful.

The end result of CPR Training and the extra Defibrillator has been a much needed positive result for the Club, If someone like me who has always been exceptionally fit can have a Heart Attack anyone can. I played part-time professional football for many years, County standard at Badminton etc., unfortunately not Tennis!!

Best wishes to you all

Roy & Vicki Beddow